

THE TRUTH ABOUT COVID-19 AND THE DEEP STATE CONTROL AGENDA

We The People, are being lied to on a grand scale. Here is why:

1. COVID-19 is a virus transmitted through both small and large respiratory droplets, and so is influenza. 6 feet of separation is not guaranteed protection!
 - a. "Influenza can be transmitted by large droplets, which generally travel 3 to 6 feet, and by small droplet nuclei and aerosols, which can remain suspended in the air for prolonged periods and travel significant distances [1]." [Toner, Eric M.D. (2005). *Do Public Health and Infection Control Measures Work to Prevent the Spread of Flu? Clinicians' Biosecurity News*. Retrieved from https://www.centerforhealthsecurity.org/cbn/2005/cbnreport_103105.html]
2. COVID-19 is a man-made biological weapon that was targeted to Asians Males:
 - a. <https://youtu.be/2I10P5tMLII> [David Wilcock, "The Great Pandemic II: What's Really Going On? (NOW WITH SLIDES WORKING!)," YouTube Video, 5:15:01, Mar 22, 2020.]
3. Most deaths are occurring in people with co-morbidities, i.e. underlying health conditions:
 - a. <https://www.krtv.com/news/coronavirus/cdc-most-covid-related-deaths-involve-underlying-medical-conditions>
 - b. <https://youtu.be/P0y6M-N8wOE> [New Revelations on the COVID Death Count]
4. Masks are not scientifically proven effective against COVID-19 or viral transmission and have not been recommended to be used by the general public:
 - a. "Cloth face covers are not protective equipment and do not protect the person wearing a cloth face cover from COVID-19." [California Department of Industrial Relations Division of Occupational Safety & Health Publications Unit: SAFETY AND HEALTH GUIDANCE COVID-19 Infection Prevention for Logistics Employers and Employees July 21, 2020]
 - b. "For the purposes of this guidance, healthcare settings include, but are not limited to, acute-care hospitals; long-term care facilities, such as nursing homes and skilled nursing facilities; physicians' offices; urgent-care centers, outpatient clinics; and home healthcare. ***This guidance is not intended to apply to other settings whose primary purpose is not healthcare, such as schools or worksites, because many of the aspects of the populations and feasible countermeasures will differ substantially across settings.*** However, elements of this guidance may be applicable to specific sites within non-healthcare settings where care is routinely delivered (e.g. a medical clinic embedded within a workplace or school)." [Prevention Strategies for Seasonal Influenza in Healthcare Settings, Guidelines and Recommendations, <https://www.cdc.gov/flu/professionals/infectioncontrol/healthcaresettings.htm>]
5. Most cases of COVID-19 *and* influenza are asymptomatic and not likely to be transmitted to others due to lack of symptoms:
 - a. "As Many as 80 Percent of People with COVID-19 Aren't Aware They Have the Virus." [Plater, Roz. (2020, May 28). As Many as 80 Percent of People with COVID-19 Aren't Aware They Have the Virus. Healthline. Retrieved from <https://www.healthline.com/health-news/50-percent-of-people-with-covid19-not-aware-have-virus>]

b. "We performed a systematic review of published studies describing the relationship between viral shedding and disease transmission. Based on the available literature, we found that **there is scant, if any, evidence that asymptomatic or presymptomatic individuals play an important role in influenza transmission**. As such, recent articles concerning pandemic planning, some using transmission modeling, may have overestimated the effect of presymptomatic or asymptomatic influenza transmission. More definitive transmission studies are sorely needed." [Eleni Patrozou, MD^{a,b} and Leonard A. Mermel, DO, ScM^{a,b} (2009). Does Influenza Transmission Occur from Asymptomatic Infection or Prior to Symptom Onset? *Public Health Rep.*, 124(2): 193–196. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2646474/>]

6. It is not healthy to wear a mask while exercising; the definition of exercise is any moderate physical exertion of the body:

a. "People should NOT wear masks when exercising as masks may reduce the ability to breathe comfortably. Sweat can make the mask become wet more quickly which makes it difficult to breathe and promotes the growth of microorganisms. The important preventive measure during exercise is to maintain physical distance of at least one meter from others." [Coronavirus disease (COVID-19) advice for the public: Myth busters. WHO. Retrieved from <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>]

7. The Public Health Order to wear masks is not enforceable by law nor is it a law, we are merely being "ordered" around by tyrants who have no respect for our well-being:

a. <https://youtu.be/uViJX2bpwW0> [Mask "Mandates" Are NOT Law ! EDUCATE YOURSELF AND FIGHT THIS]

b. <https://youtu.be/6d2qhhR1jBc> [GOV NEWSOM ADMITS HE CAN'T MANDATE LAW - Peggy Hall]

The Cabal/Deep State Shadow Government has an agenda to control and enslave us as was spoken by John F. Kennedy:

"There's a plot in this country to enslave every man, woman and child. Before I leave this high and noble office, I intend to expose this plot."

There are disinformation campaigns and censorship on social media and fake news networks to keep these truths from us.

We are banding together to fight for our civil rights and freedom and educate others on these truths, find more info at: WWW.THEHEALTHYAMERICAN.ORG

You can download this COVID-19 Truth Sheet at SHIRANOTES.ORG under "FEED" and read more under "TRUTH BLOG".

We are Protected from Unlawful and Non-Scientific Human Rules by:

- a. Civil Rights Act of 1964
- b. Bill of Rights First Amendment
- c. Patient's Bill of Rights
- d. California Civil Code 51
- e. Americans with Disabilities Act: Title III

Also see:

<https://thefreedomarticles.com/busted-11-covid-assumptions-based-on-fear-not-fact/>

We are in a battle between Truth and Lies; Love and Fear-- it is time to stand United and overturn tyranny in the United States.